Parents, stay positive!





The Power of Positive Parenting. A life-changing 90 minutes.

SPECIAL GUEST PRESENTER - PROFESSOR MATT SANDERS Author, psychologist, developer of the Triple P program





## Triple P takes the guesswork out of parenting. And now it's available right across Queensland.

Special guest Professor Matt Sanders, world-renowned author, researcher, and founder of Triple P is visiting Cairns to deliver his Power of Positive Parenting seminar. Come along and hear his simple, practical tips to help make raising kids easier – and more enjoyable.

## Is this you?

Parenting is usually lots of fun. But sometimes things can get a little tricky. Like when kids throw tantrums, or toys, or won't do as you ask without a major battle. Maybe you're just sick of repeating yourself. This Triple P seminar, ideal for parents and carers of kids under 12, will offer a range of ideas to help.

## **Does Triple P work?**

Yes! It's backed up by more than 30 years of ongoing research and evidence, and has helped millions around the world.

## The Power of Positive Parenting seminar can help you:

- Raise happy, confident kids
- Manage kids' behaviour
- Set rules and routines that everyone follows
- Get on well with your kids and argue less
- Balance work and family stress

MONDAY FEBRUARY 29 – 6.30pm Edge Hill State School, 254 Pease St, Edge Hill

Come early for tea and coffee – seminar starts promptly at 6.30pm

Proudly hosted by Craig Crawford (MP, Barron River) & Rob Pyne (MP, Cairns)

Register at www.triplep-parenting.net



