BULLTING. NO WAY!

Tips for parents

If your child talks to you about bullying:

- 1. Listen calmly and get the full story.
- 2. Reassure your child that they are not to blame.
- 3. Ask your child what they want to do about it and how you can help.
- 4. Visit www.bullyingnoway.gov.au to find some strategies.
- 5. Contact the school.
- 6. Check in regularly with your child.

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Free apps



Take a Stand Together

Take a Stand Together is a free app that has tips and advice about bullying.

It includes short animated stories about bullying, and students can choose what to do from a range of responses. Students can also create their own avatar and choose a positive anti-bullying message.



The Allen Adventure

Teaching children about social skills and getting on with others is important. As parents and educators, we have a crucial role in providing our children with opportunities to use and practise social skills.

The Allen Adventure app is a great way to start the conversation with young children. It's an interactive and engaging way to help young children develop social and emotional skills, make friends and get on with others.





National Day of Action against **Bullying and Violence**

Friday 18 March 2016 www.bullyingnoway.gov.au