

# EXCITING NEWS

The Life Education Team and Harold the Giraffe will be visiting;

*Holy Cross School*

*From Tuesday 26<sup>th</sup> April to Friday 6<sup>th</sup> May 2016.*

## WHAT IS LIFE EDUCATION?

Life Education motivates and empowers young people to make smart life choices for a healthy future.

### MODULE: 'HAROLD'S SURPRISE' – PREP

Harold and the class are invited to possum's party in the park. On the way they become aware of and develop appreciation of their bodies, discuss the importance of healthy food choices and exercise, safety in the environment and identify how people grow and change.

### MODULE: 'CLUED UP' – YEAR 1

The Children help Harold investigate the disappearance of his friend Cocky. Through being detectives and solving the mystery, they learn about friendship, healthy food choices, safe and unsafe living and cooperation.

### MODULE: 'HAROLD'S MYSTERY TOUR' – YEAR 2

The class joins Harold and his friends on a mystery tour where they experience an 'Amazing Body Adventure.' The children explore appropriate remedies when feeling sick, issues of safety and ways to cope when feeling pressured.

### MODULE: 'HAROLD'S HEROES' – YEAR 3

The children join Harold's superhero team to make the world a safer, healthier place for everyone. Throughout the mission they discover the importance of clean air, safe use of medicine and safety in the environment.

### MODULE: 'bCYBERWISE' – YEAR 4

The Children explore 'netiquette; (Internet etiquette) and Cybersafety issues through roleplay and interactive activities. They explore how to establish positive respectful relationships and to report negative experiences to a responsible adult that they trust.

### MODULE: 'ON THE CASE' - YEAR 5

The class identify ways nicotine adversely influences physical and social development. Students also identify high risk situations and develop strategies to deal with the influences and pressures to smoke.

### MODULE: 'IT'S YOUR CALL' – YEAR 6

Students clarify the definition of a drug; explore risks associated with the use of legal drugs and the short and long term consequences of misuse. They examine the decision-making process, and develop strategies for dealing with pressure situations including digital media.

**Come and learn what Life Education is all about –**



## **FREE LIFE EDUCATION PARENT INFORMATION SESSION**

**TO BE HELD ON Tuesday 26<sup>th</sup> April, 2016 AT 1:45p.m. IN THE  
LIFE EDUCATION VAN**

..... (Parent's Name)

☐ I will be attending

Please print, fill in and return to the school office as soon as possible, or email reply to [jroberts1@cns.catholic.edu.au](mailto:jroberts1@cns.catholic.edu.au)