

## PARENTING BEYOND VIOLENCE

A group for women who've experienced domestic violence, who may or may not have children currently in their care.

Parenting Beyond Violence (PBV) explores the dynamics of domestic violence and the impact it may have on women and their children, focusing on how domestic violence influences parenting. This group openly discusses:

- \* The context and impacts of domestic and family violence
- \* Myths linked to domestic violence \* Parenting challenges
- \* Importance of safety and support \* Engaging effectively with systems

Here's what participants say..

"PBV has been better for me than counselling. I have moved on and progressed thanks to coming to this group."

"I hadn't realised at the time how much domestic violence was impacting on the kids."

"It's good to be able to talk about these things and connect to other women's experiences."

"I'd never seen a healthy relationship so this group helped a lot."

## **Commences 9th May 2016**

**Duration:** 6 weeks

**Dates:** Mondays 09.05.16 10:00 am – 12:00 pm 16.05.16 10.00 am – 12:00 pm

This group is free-of-charge and there is an expectation that participants attend all 6 sessions.

**Group size:** 6 - 15

Where: CRDVS, Calanna Pharmacy Complex, Woree.

**AN INTAKE & ASSESSMENT APPOINTMENT IS ESSENTIAL BEFORE COMMENCING THIS GROUP.** To book or find out more information, please contact Gill at Cairns Regional Domestic Violence Service:

Phone 4033 6100 email office@dvcairns.org

CLOSING DATE FOR INTAKE & ASSESSMENT: 18.04.2016

