



## Cairns Netball Association Net Set Go and Junior Netta



Season 2, 2016: 14 weeks

COST: \$140 for new players 16 weeks and includes a netball pack and insurance.
\$110 for returning players (no pack required, already registered in 2016)

Cash, Cheque or Eftpos on Sign on Day or Direct deposit BSB: 014 577 A/C # 2968-46274

Ref: Childs Name

## Come and Try and Sign on Day: 16/07/2016

8.30-9.30am at the Martyn St Netball Courts

Week 1: 16/07/16

No Netball: Cairns Show & Carnival

Week 2: 30/07/16

No Netball: Suzuki Country Carnival

Week 3: 13/08/16

Week 4: 20/08/16

Week 5: 27/08/16

Week 6: 03/09/16

Week 7: 10/09/16

No Netball: Carnival/School Holidays

17/09/16 - 01/10/16

Week 8: 08/10/16

Week 9: 15/10/16

Week 10: 22/10/16

Week 11: 29/10/16

Week 12: 05/11/16

Week 13: 12/11/16

Week 14 and BREAK UP: 19/11/16

## **TIME: 8.30-9.30AM**

<u>Tiny Tots Netstart</u> – for 4-5 year olds encouraging hand eye coordination, learning to be part of a team, learning new games, introducing the ball and having fun with other NetStart participants!

**NetSetGo**- for 5-6 year olds introducing agility and fitness, Learning Netball rules and court positions, fundamental motor skills, team participation and playing plenty of fun games!

<u>Jnr Netta</u>- for 7- 8 year olds introducing Netball games at the end of each session, coaches teach fine motor skills while working on specific drills and passing techniques to develop players skills.

## What to bring

- Suitable Sun smart clothing (Netsetgo shirt and shorts)
- Footwear (Joggers preferred)
- Hat and water bottle (clearly labelled with child's name)
- Sunscreen (provided at control, but it is advised that you apply to your children prior to arrival)

Any further inquiries please don't hesitate to contact Paige at <a href="mailto:net.au">netsetgo@cairnsnetball.net.au</a>



