



## BUILDING RESILIENT FAMILIES TOUR 2016

### CAIRNS

CAIRNS WELLBEING CENTRE  
PAT GOSPER PLACE  
CNR LAKE & GROVE STREETS, CAIRNS

MONDAY 25<sup>TH</sup> TO FRIDAY 29<sup>TH</sup> OF JULY

*All seminars are 100% subsidised by the Tim Fairfax Family Foundation*

### Expression of Interest Form

Please complete the form below and return via email to [community@pathwaystoresilience.org](mailto:community@pathwaystoresilience.org) no later than the 18<sup>th</sup> of July to secure your place at these fully-subsidised workshops.

Name	
Organisation/Address	
Email Address	
Phone Number	
Please Indicate the session you would like to attend by placing a tick in the left hand column.	
	<b>Monday, 25<sup>th</sup> July - 6.00pm to 8.30pm (training will be at Cairns City Library)</b> Tuesday, 26 <sup>th</sup> July – 8.00am to 1.00pm Thursday, 28 <sup>th</sup> July – 8.00am to 1.00pm <b>Wings – Social and Emotional Wellbeing in Early Years</b>
	Monday, 25 <sup>th</sup> July 4.00pm to 5.30pm <b>Looking Beyond Behaviour</b>
	Tuesday, 26 <sup>th</sup> July 4.00pm to 5.30pm <b>Principles of Resilience</b>

**P.T.O**

	<p>Tuesday, 26<sup>th</sup> July 6.00pm to 7.30pm <b>An Introduction to Mindfulness</b></p>
	<p>Wednesday, 27<sup>th</sup> July 4.30pm to 6.00pm <b>An Introduction to Neuroscience</b></p>
	<p>Wednesday, 27<sup>th</sup> July 6.30pm to 8.00pm <b>How to Deliver the “Brain Talk for Kids”</b></p>
	<p>Thursday, 28<sup>th</sup> July 4.00pm to 5.30pm <b>An Introduction to Growth Mindset</b></p>
	<p>Online Training - <b>Fun FRIENDS Facilitator Training (4 to 7 years olds)</b>  <b>FRIENDS Foundations</b> – Wednesday, 17<sup>th</sup> August – 3.30pm to 5.00pm  <b>Fun FRIENDS Part I</b> – Monday, 22<sup>nd</sup> August – 3.30pm to 5.30pm  <b>Fun FRIENDS Part II</b> – Monday, 5<sup>th</sup> September – 3.30pm to 5.30pm</p>
	<p>Online Training - <b>FRIENDS For Life Facilitator Training (7 to 11 year olds)</b>  <b>FRIENDS Foundations</b> – Wednesday, 17<sup>th</sup> August – 3.30pm to 5.00pm  <b>FRIENDS for Life Part I</b> – Tuesday, 23<sup>rd</sup> August – 3.30pm to 5.30pm  <b>FRIENDS for Life Part II</b> – Tuesday, 6<sup>th</sup> September – 3.30pm to 5.30pm</p>

**PLEASE EMAIL THIS COMPLETED FORM TO [COMMUNITY@PATHWAYSTORESILIENCE.ORG](mailto:COMMUNITY@PATHWAYSTORESILIENCE.ORG)**

School Visits:

~~Brain Talk for Kids and Using the Brain for Happiness are available throughout this week and are free of charge to all schools.~~

~~Please see booking form to secure your place. These fill very fast so please do not hesitate.~~

ALL TIME SLOTS ARE FULLY BOOKED

**All these seminars and talks are completely free of charge thanks to the Tim Fairfax Family Foundation**