

Dear Parents,

Natural Fertility Services Cairns will return to our school this term to present a Personal Development Program based on the "Wonder of Living" series. NFS is a Catholic Diocesan Service and has been educating in the area of age appropriate sexuality for over twenty years in the Cairns diocese. The program is values-based and family-orientated and has the full support of Bishop James Foley. NFS presenters are accredited Family Life Educators.

Parents are a child's primary source of formation regarding their sexual development and this program seeks to assist parents in this area. A one hour '**Parents Only Session**' providing the opportunity to assess the suitability of the program for your child will be held on **Monday 24 October at 1.45pm and repeated at 6.30pm.**

Children in Years 2 to 4 will view the first movie of the three part "Wonder of Living" series titled ***A New Baby The unique gift of each child!*** The movie shows a family sharing the story of their son's birth. It is the wonderful story of how life in the womb grows from conception to birth.

Children in Years 5 & 6 will view the second movie of the series entitled ***And Now There's Me*** which follows the same family as they discuss the importance of family, relationships, our amazing bodies and healthy choices.

Following the movie, the session continues with a group discussion using foetal development and baby models to create the appropriate environment where questions may be asked and answered.

You are invited to attend and participate in the movie sessions with your child on as follows:

Wednesday 2nd November

Year 2C 8.30am – 9.30am
Year 2H & 2S 9.30am – 10.30am
Year 3C & 3H 11.00am – 12.00pm
Year 3S & 4C 12.00pm – 1.00pm
Year 4H & 4S 1.30pm – 2.30pm

Tuesday 1st November

Year 5 8.30am – 9.30am
Year 6 9.30am – 10.30am

The program also includes **Puberty Talks** for the **Year 5 & 6 students** in gender specific groups. The issues discussed are puberty, hygiene, hormones, body and emotional changes, behavioural issues and managing periods (girls). These sessions do discuss puberty changes for both genders, in an attempt to foster an attitude of respect for this time of change in their lives.

I encourage parents to attend the movie sessions and take advantage of this Personal Development Program being offered for the benefit of all families in our school community.

If you have attended the Parents Only Session and **DO NOT WISH** your child to attend the program please complete the form below and return to school by **Monday 31st October.**

Yours sincerely,

Sarah Hamilton.
Principal

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Natural Fertility Services

Wonder of Living Program

Please return completed form by **Monday 31st October**

Family Name: _____

Child's Name _____ **Year** _____

Child's Name _____ **Year** _____

Child's Name _____ **Year** _____

☐ **No, I do not** give permission for my child to attend the Wonder of Living Program.

Signed: _____ **Date:** _____