

10 October 2017



Dear Parents / Carers,

Natural Fertility Services Cairns (NFS), a Catholic Diocesan Service, is returning to Holy Cross School later this term to present a Personal Development Program based on the "Wonder of Living" series. The program is values-based and family-orientated, and has the full support of Bishop James Foley. NFS presenters are accredited Family Life Educators.

This program has been carefully designed to educate children in the area of age appropriate sexuality, and has been delivered in the Cairns diocese for over twenty years. It consists of a mixture of the viewing of a movie, and a group discussion using foetal development and baby models to create the appropriate environment where questions may be asked and answered. As parents are a child's primary source of formation regarding their sexual development, and this program seeks to assist parents in this area, a one hour '**Parents Only Session**' is being offered on **Monday 23rd October at 1.45pm** and **repeated at 6.30pm**, in the Holy Cross Library. This session hopes to provide an appropriate forum for parents to assess the suitability of the program for their child, and ask questions regarding its delivery.

Students in Years 2 to 4 view Movie 1, 'A New Baby The unique gift of each child!' The movie shows a family sharing the story of their son's birth, and how life in the womb grows from conception to birth.

Students in Years 5 and 6 view the second movie, 'And Now There's Me', which follows the same family as they discuss the importance of family, relationships, our amazing bodies and healthy choices. Students in Years 5 and 6 will also take part in Puberty Talks in gender specific groups. Issues discussed include puberty, hygiene, hormones, body and emotional changes, behavioural issues and managing periods (girls). These sessions do discuss puberty changes for both genders, in an attempt to foster an attitude of respect for this time of change in their lives.

In addition to the Parents Only Session, parents are also invited to attend and participate in the movie sessions with their child / children. Dates and times are as follows:

**Tuesday 31st October**

Year 2C & 2H	8.30am – 9.30am
Year 2S & 3C	9:30am-10:30am
Year 3H & 3S	11.00am – 12.00pm
Year 6H, 6C & 6S	12.00pm – 1.00pm
Year 5H, 5C & 5S	1.30pm – 2.30pm

**Friday 3rd November**

Year 4H, 4C & 4S	1:30pm-2:30pm
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**Holy Cross School**

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I strongly encourage parents to attend the Parents Only Session and movie sessions with their child to take full advantage of this Personal Development Program, offered for the benefit of all families in our school community.

If having attended the Parents Only Session you decide that you **DO NOT** wish for your child to take part in this program, please complete the form below and return it to school by Monday 30th October.

Yours sincerely,



Sarah Hamilton.

Principal

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## Natural Fertility Services

*Wonder of Living Program*

*Please return completed form by **Monday 30<sup>th</sup> October***

Family Name: \_\_\_\_\_

Child's Name \_\_\_\_\_ Year \_\_\_\_\_

Child's Name \_\_\_\_\_ Year \_\_\_\_\_

Child's Name \_\_\_\_\_ Year \_\_\_\_\_

I do not give permission for my child to attend the Wonder of Living Program ☐

Signed:

Date: