

Growing up Online:

An informative & entertaining session for Parents and carers is delivered with Susan's famous 'no nonsense' approach & will cover the positive benefits of technology as well as what parents need to be aware of:-

- ❖ What are kids doing online – The popular social networking sites and apps. What they are, what are the legal ages to use them & why these rules should be obeyed. The difference between an 'online friend' and a 'stranger'.
- ❖ Online Grooming – What is it and when/how does it occur? What are the warning signs & what to do if you suspect this is happening to your child.
- ❖ Cyberbullying - What it is, where it happens, what it looks like, how to prevent and what to do if it occurs. Also the legal consequences and the possible criminal charges.
- ❖ 'Sexting' – the taking and sending of explicit images...what are the REAL consequences. (Primary school kids to).
- ❖ Potential dangers and safety tips – how to assist the children in your care to stay safe online via parental controls and restriction passcodes.
- ❖ Learn the lingo.....be able to converse with your children in the language of cyberspace.
- ❖ Be confident in setting rules and boundaries around internet use in the home. It's OK to say NO!
- ❖ The session will conclude with time for Q's. Susan also provides a range of useful handouts and information about where to go to access further up to date information.



Susan Mclean is Australia's foremost expert in the area of Cybersafety and young people. She is a mother of three and was the first Victorian Police Officer appointed to a position involving Cybersafety and young people. She took her first report of cyberbullying in 1994 and since then she has conducted extensive research and has completed advanced training in this area in both the USA and UK and is a sought after presenter and advisor to Schools, elite sporting bodies such as the AFL, GP's, and both State and Federal Governments. She is a member of the National Centre Against Bullying (NCAB) Cybersafety Committee and is afforded 'expert' status on the Safer Internet Programme Data Base. She is also a member of the Australian Government's Cybersafety working group and a published author. Her book 'Sext's Texts & Selfies', is the definitive parents' guide to helping their children stay safe online.

*What Susan doesn't know about Cybersafety is not worth knowing! She is absolutely brilliant and her presentations are dynamic and entertaining. She has the unique ability to connect with each audience from young people to adults.
(Dr Michael Carr-Gregg Adolescent Psychologist)*