



# NATURAL FERTILITY SERVICES

Ph: 4041 7365    [www.nfscairns.org](http://www.nfscairns.org)

## Presents

### How to have 'The Talk' with your child



Family Life Educator John Shay (BCW, MTh) from Natural Fertility Services Cairns, will run a seminar for parents on how to discuss issues of sexuality with your children. Since 1995 Natural Fertility Services (NFS), Diocese of Cairns, has been delivering values based sexuality and relationship education services from Year 1 through to year 12 throughout the region; currently servicing approximately 13,000 students annually.

**Place:** HOLY CROSS LIBRARY  
**Date:** TUESDAY 21ST JULY  
**Time:** 6:30pm - 8:00pm  
**Cost:** Free (donations gratefully received)

Research indicates that children prefer to seek information about sex and sexuality from their parents more than any other source, and perceive their parents' advice to be trustworthy. But parents often feel inadequate in their own understanding or unsure of how to respond

appropriately. If you have very young children and would like to be well prepared for discussions as they arise, this Parent Session will help you feel more confident and comfortable in giving your child positive, accurate, reassuring and age appropriate information and guidance.

**For more information contact:**

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